

# Swimming Gala 2023

## Information and Rules for Entry



### General

- This event is for SWIMMERS of varying abilities --- it is not for non-swimmers.
- Swimmers must be invested into the Section they are swimming for.
- Age is on day of Gala for all Sections except for Squirrels who must be 5 years old on 31<sup>st</sup> August 2023.
- Learner Pool and Main Pool width races will begin at 1.45pm. Main Pool Length races will begin at approximately 3.15pm.
- All races will be timed, the winner of each event will be the swimmer with the fastest time. Certificates will be awarded by Sections for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places.
- Leaders are to supervise swimmers in changing rooms and on poolside. Parents will not have access to changing areas and poolside.
- Family and friends are welcome to spectate at the Gala for a donation of £1. No charge for children.
- Mobile Phones and Cameras are NOT allowed in the pool hall or changing areas. Please make sure parents know this.

### Entries

- 1 Entry form per Group to be completed by GSL/LIC. Explorers and Network will complete a separate form.
- All swimmers must have a completed Parent Consent to enter the Gala. There is one Consent Form for Learner Pool races ( Category 1 ) and one Consent Form for Main Pool Races ( Categories 2 & 3 ). Please note -- No form = No swim.
- Please bring the completed Consent Forms to the November All Leaders meeting, where Groups will then be given swimmers wristbands for Squirrels, Beavers and Cubs to wear in the Gala.
- Closing date for entries is 12<sup>th</sup> November 2023.

### At the Gala

- Arrive at the pool from 1pm and proceed through to changing rooms, then to your Group sign on poolside.
- Check in at the Recorders Table on poolside by 1.30pm.
- Each Group will need a minimum of 2 Team Managers on poolside in uniform/ polo shirt, group neckerchief and also wearing clean poolside footwear. Outdoor footwear is not allowed on the poolside.
- Safety procedures will be explained at the beginning of the races. All accidents / incidents must be reported to pool staff.

## **Races**

There are 3 Categories of races:

1. Learner Pool Races
2. Main Pool Width Races
3. Main Pool Length Races

**\*SWIMMERS MAY ONLY SWIM IN ONE OF THE 3 RACE CATEGORIES\***

A Group may enter a maximum of 2 swimmers in individual events and 1 team in relay events.

### **1. Learner pool races**

These races are for Squirrels and Beavers who are comfortable and confident in a swimming pool without using arm bands or floatation aids.

They are individual fun events.

### **2. Main pool width races**

These races are for Beavers and Cubs who hold a 10 metre swimming certificate.

There are individual 1 width swimming races for freestyle and backstroke.

The relays are for 4 swimmers who swim 1 width each as a team. Team managers please ensure your swimmers know what a relay race involves.

### **3. Main pool length races**

These races are for Cubs, Scouts, Explorers and Network who hold a 25 metre swimming certificate and are capable and confident in deep water.

Individual races are 1 length and will start at the deep end of the pool.

Relay races will start at the shallow end of the pool. In the Cub / Scout relay the Cubs will start from the deep end, and the Scouts will start from the shallow end. Please ensure the team members know their starting positions.

\*Team Managers please make sure all your swimmers know to tell the timekeeper at the end of their race .....their name and which Group they are from.